

The book was found

Beginner's Guide To Indoor Rock Climbing



Synopsis

Join the indoor rock climbing explosion! Whether for fun or fitness, this concise guide delivers easy-to-understand information about the equipment and techniques that a new climber will face. Much of the information presented will also carry over to outdoor climbing if the reader wants to take this great sport to the next level!

Book Information

File Size: 408 KB

Print Length: 29 pages

Simultaneous Device Usage: Unlimited

Publication Date: June 18, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008CL8484

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #156,568 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Extreme Sports #49 in Kindle Store >

Kindle Short Reads > 45 minutes (22-32 pages) > Sports & Outdoors #68 in Books > Sports &

Outdoors > Extreme Sports

Customer Reviews

I've climbed for about a year indoors and was looking to expand my knowledge. This book did not do that. It's for someone who has never even seen a rock wall before. You finish it and feel like it's an "introduction" rather than a "guide." It also looks like the entire thing, about 15 pages, was typed in a standard Word document and imported. In short, "Guide" is misleading. This is more like an introductory web article.

If you are like most people perusing this title you've thought "I'd love to try indoor rock climbing but I'm not sure I can hack it." Well rest assured your money will be well spent by picking up this quick little guide to provide the background to make that call. Also you won't have to show up at an indoor

rocking climbing gym and feel like a complete dork, instead you'll have picked up some basic skills, understanding of equipment and proper rock climbing etiquette. If you have no idea what a belay device is or why you need one this is a very affordable eBook providing a great Rocking Climbing 101 education before you venture out to the real world and give it a go.

I've always wondered what I had to do to get into rock climbing. I was always intimidated by the thought of rock climbing before I got this book. It is an excellent guide that clearly describes everything you need to do to get started and actually know what to do. I really enjoyed the book and can't wait to try out the rock climbing techniques. Thank you so much!

This is a wonderful quick guide to get the beginner or intermediate rock climber off the ground. The first time I tried the climbing gym, I just blindly stumbled into it. I would of been so much better off if I had read this guide first. I found the information about the climbing gear, the terminology, and basic climbing tips most helpful. I also like the section on climbing etiquette, no matter what new sport we are attempting there is always some unwritten etiquette that is helpful to know. This is a wonderful quick guide for the novice indoor rock climber.

As a complete beginner it was a big daunting to actually get started rock climbing. Even though the indoor ranges have all the safety mechanisms and the like, I was still very hesitant to just go out and give it a shot. Thankfully this book was there to fill me in on the necessary details and let me know what to expect. If you are considering starting to climb indoors I would highly recommend this for you.

Good basic information - explains terms and common gym courtesy and safety rules; should be read by every first time climber coming into a gym.

Great book I am a beginner so this help understand how indoor climb better overall I give this book a five-star rating

[Download to continue reading...](#)

Rock Climbing Smith Rock State Park: A Comprehensive Guide To More Than 1,800 Routes (Regional Rock Climbing Series) Rock Climbing Joshua Tree West: Quail Springs To Hidden Valley Campground (Regional Rock Climbing Series) Rock Climbing Virginia, West Virginia, and Maryland (State Rock Climbing Series) Rock Climbing Virginia, West Virginia, and Maryland, 2nd (State Rock

Climbing Series) Rock Climbing the San Francisco Bay Area (Regional Rock Climbing Series) Rock Climbing Montana (Regional Rock Climbing Series) Rock Climbing Connecticut (State Rock Climbing Series) Beginner's Guide to Indoor Rock Climbing Indoor Gardening: 12 Creative Gardening Tips on Garden Design. Discover the Ultimate Small Garden Ideas for Creating the Garden of Your Dreams (Indoor Gardening, garden design, indoor plants) Mini Farming & Indoor Gardening: Mini Farming & Indoor Gardening for Fresh & Organic Produce: How To Do Mini Farming In Your Apartment Using Indoor Gardening Techniques The Indoor Plant Bible: The Essential Guide to Choosing and Caring for Indoor, Greenhouse, and Patio Plants Thailand: A Climbing Guide (Climbing Guides) Alaska: A Climbing Guide (Climbing Guides) The Cuisinart Griddler Cookbook: Simply Delicious Indoor Grill Meals in 15 Min (Full Color) (Indoor Grill Recipes) (Volume 1) DIY Projects Box Set: 25 Simple Ways to Cut Your Spending. Tips and Techniques to Create Indoor Garden Plus Drawing and Zentoodle Basic Lessons (frugal living, Indoor Gardening, drawing lessons) Coaching Climbing: A Complete Program for Coaching Youth Climbing for High Performance and Safety (How To Climb Series) Building Your Own Climbing Wall: Illustrated Instructions And Plans For Indoor And Outdoor Walls (How To Climb Series) Climbing Colorado's Mountains (Climbing Mountains Series) Climbing and Hiking in the Wind River Mountains, 3rd (Climbing Mountains Series) City of Rocks Idaho: A Climber's Guide (Regional Rock Climbing Series)

[Dmca](#)